

Scale for the assessment and rating of ataxia (SARA)

1) Gait

Pro nd s s ed o s f e d s n c e p r e o
n c d n g h f r n r n r o n d o f c e h e
o p p o s e d r e c o n o f g n d o n n d e
h e e s o o e s h o s p p o r

2) Stance

Pro nd s s ed o s n d n n r p o s o n h
f e e o g e h e r n p r e g o e s o c h n g e c h o h e r n d

- 0 Normal, no difficulties in walking, turning and walking tandem (up to one misstep allowed)**
- 1 Slight difficulties, only visible when walking 10 consecutive steps in tandem**
- 2 Clearly abnormal, tandem walking >10 steps not possible**
- 3 Considerable staggering, difficulties in half-turn, but without support**
- 4 Marked staggering, intermittent support of the wall required**
- 5 Severe staggering, permanent support of one stick or light support by one arm required**
- 6 Walking > 10 m only with strong support (two special sticks or stroller or accompanying person)**
- 7 Walking < 10 m only with strong support (two special sticks or stroller or accompanying person)**
- 8 Unable to walk, even supported**



