

General instructions: Go through the items in order of difficulty. Score '1' if patient can perform activity, '0' if he cannot. Three tries are allowed for each item. You may stop the 'Gross function' section and 'Arm' section after 3 consecutive '0' scores for 3 consecutive items.

In the 'Leg and Trunk' section all items should be tested, even if there are three consecutive '0' scores. Give no feed-back of whether correct or incorrect, just give general encouragement.

Repeat instructions and demonstrate them to the patient if necessary. All exercises to be carried out independently unless otherwise stated. All armtests refer to the affected side unless otherwise stated.

'Gross function' section can be assessed simply by asking, which makes it a rapid measure.

The image shows a large, solid grey rectangular area that covers most of the page. This area is likely redacted content. At the top left corner of this grey area, there is a thin, short horizontal black line. On the right side of the grey area, there are several thin, horizontal grey bars extending outwards, which appear to be the remnants of a table's columns or rows that have been obscured by the redaction. The overall appearance is that of a document page where the main content has been hidden for security or privacy reasons.

The image shows a large grey rectangular area that covers most of the page, likely representing redacted content or a placeholder for a table. A thin horizontal line is visible at the top left of this area. The right edge of the grey area shows a series of small, rectangular protrusions, suggesting it might be a scan of a document with a perforated edge or a specific layout element. The text 'Nottingham', '3', and 'RMA.xls' is visible at the top of the page, indicating the document's location, page number, and file name.



