

## REHABILITATION INSTITUTE OF CHICAGO

### 2016 COMMUNITY HEALTH NEEDS ASSESSMENT IMPLEMENTATION STRATEGY FOR FISCAL YEAR 2017-2019

RIC's Implementation Strategy ("Implementation Strategy") identifies each significant community health need identified in its 2016 Community Health Needs Assessment ("Assessment"). The Implementation Strategy further describes how RIC plans to meet the needs identified, specifies the programs and resources that RIC plans to commit to meeting the need, describes the anticipated impact of its programs and resources on the need and, where appropriate, describes planned collaboration with related organizations to meet the need.

The Implementation Strategy was reviewed and approved by RIC's Board of Directors. The Implementation Strategy involves continuing support in the areas of Rehabilitation Health Needs, Research and Rehabilitation Engineering, Improved Access to Information, Education and Training, and Support Programs.

RIC's clinical expertise in multiple programs and resources will continue to provide for the needs of RIC patients in the areas of stroke, spinal cord injury, brain injury, neuro-musculoskeletal conditions, pediatric care, and cancer.

RIC is nearing completion of the innovative new Shirley Ryan AbilityLab®. The innovative design of the Shirley Ryan AbilityLab will integrate all aspects of human subject research and rehabilitation medicine. Additionally, RIC will assess continued demand for rehabilitation engineering services.

RIC's LIFE Center, a virtual and multimedia education center that provides the community thousands of peer-reviewed resources across key topics relevant to the life-long needs of people with physical disabilities, will be integrated into the new Shirley Ryan AbilityLab website. RIC also will take steps to make other hospitals in the community aware of the resources the LIFE Center offers.

As the Northwestern Feinberg School of Medicine's Department of Physical Medicine and Rehabilitation physiatry residency program, RIC will continue to support the education needs of PM&R physicians. RIC will continue its robust educational programming for allied health, patients, and their families in the community. RIC also will develop continuing medical education courses for providers.

RIC will continue to provide high-quality support programs to the community, including adolescent support programs,







The Transitions Program includes skill building activities for Medical Management, including understanding diagnosis, symptoms, and implications for daily life, preparing for medical appointments, exploring community resources, and coordinating home care; Education and Employment, including student involvement in the Individualized Education Plan (IEP) process, job site field trips, and understanding of the ADA; Money Management, including functional math skills and basic budgeting; Household Management, including adaptations for chores and hiring personal assistants; Sports and Recreation, including options for free time, social interaction, and healthy living; Cooking, including planning, shopping, and preparing cold and hot meals; and Transportation, including practice using accessible public transportation and planning trips.

In addition, the RIC Sports & Fitness Center provides a year-round “Caring for Kids” program that further provides opportunities for children, teens, and parents to build social interaction skills, expand leisure interests, and social support networks. The Rehabilitation Institute of Chicago Caring for Kids program is for any youth aged 6–17 who has a physical disability and is independent in daily living skills. It offers adaptive sports, recreation, special events and social activities. All programs promote positive quality of life through physical fitness, independence, socialization, activity, and adaptive resources. Once children exceed the age limits they are able to transition to a wide variety of sports and recreational programs offered to adults through the Center.

Caring for Kids is able to provide free door-to-door wheelchair accessible bus transportation service to/from most programs for participants living within Chicago city limits. Caring for Kids is generously funded through grants from the John Dolan Golf Challenge, the Blackhawk Charities, Polk Bros. Foundation, and Cubs Care. Caring for Kids' philanthropic support allows RIC to offer programming at very little cost to participants.

*Accessible fitness programs.* In 2012, RIC moved its adapted Sports & Fitness Center into a newly designed and expanded, state-of-the-art accessible Fitness Center. The Fitness Center includes the latest designs in adapted weight training and aerobic

To maximize participation in fitness programs and use of the Center's accessible weight