



# Inside the OUTcomes: A Rehabilitation Research Podcast

## Intro Episode 9: Inclusive Disaster Planning

### SHARON PARMET, HOST:

C b' h\ g] Yd] gcXY' cZ =bg] XY' h\ Y' ci h\ V\ a Ygž =f' hU' \_ k ] h\ ' 8 Uk b' G\_ U[ [ gž' X] fYWhc' f' cZ Ya Yf[ YbWnX] gUghYf' UbX' W] a UHY' fYg] ] YbW' U' h\ Y' K cf' X' =bg] hi h\ Y' cb' 8 ] gUV] ] hm' 8 Uk b' \ Ug' a cf' Y' h\ Ub' & ) m' YUfg' cZ YI dYf] YbW' \ Y' d] b[ ' cf[ Ub] nUh] cbgž' V\ fdcfUh] cbg' UbX' [ cj Yfba Ybh' U[ YbW' Yg' Ybgi fY' h\ Uh' dYcd' Y' k ] h\ ' X] gUV] ] h] Yg' UfY' ] bWi XYX' ] b' X] gUghYf' d' Ubb] b[ ž' fYgdcbgY' fYV\ j Yfm' UbX' fYg] ] YbW' YZcfhgž' UbX' h\ Uh' h\ Y] f' ghfYb[ h\ g' UbX' b' YXg' UfY' V\ bg] XYfYX' UbX' ] bWi XYX' Yj Yfm' ghY' d' cZ h\ Y' k Un' K Y' V\ a Y' hc' h\ Y' dcXW] gh' 8 Uk b'

### DAWN:

H\ Ub\_ mci ž' G\ Ufcbž' ] h] f' YU' m' b] W' hc' VY' \ YfY' = UddfYW' UhY' h\ Y' ] bj ] hUh] cb"

### SHARON:

K Yf' [ Yh' f] [ \ h] bhc' ] h' 7 Ub' mci ' YI d' U] b' hc' i g' k \ Uh' XcYg' h\ Y' K cf' X' =bg] hi h\ Y' cb' 8 ] gUV] ] hm' Xc' UbX' k \ c' XcYg' ] h' gYf] Y3' "

### DAWN:

H\ Ub\_ gž' G\ Ufcb' h\ Y' K cf' X' =bg] hi h\ Y' cb' 8 ] gUV] ] hm' ] g' UWi U' m' h\ Y' c' XYgh' V\ bh] bi U' m' X] gUV] ] hm' YX' cf[ Ub] nUh] cb' ] b' h\ Y' I Gž' Zci bXYX' ( \$' m' YUfg' U[ c' Vm' > i X m' < Y i a Ubbž' > cUb' @Ycbž' UbX' 9X' FcVYfhg' 5bX' ] h' \ Ug' U' [ ' cVU' a ] gg] cb' hc' gYf] Y' UbX' d' f' c] ] XY' cddcfh' b] h] Yg' Zcf' h\ Y' %' ' V' ] ] cb' dYcd' Y' k ] h\ ' U' X] gUV] ] hm' Ufci bX' h\ Y' k cf' X' K Y' \ Uj Y' gYj YfU' \_ Ym' ZcW' g' UfYUg' cZci f' k cf\_ " K Y' Xc' U' c' h' cZk cf\_ ] b' fYgYUfW' UbX' dc' ] V\ ž' h\ Uh' X] fYVh' d' fUWh] W' UbX' ] a d' Ya YbhUh] cb' " 5bX' k ] h\ ] b' h\ Uh' ghfUHy [ nž' k Y' k cf\_ k ] h\ [ ' cVU' V\ a a i b] hm' ] bWi g] cbž' UWWW' gg] V] ] hm' UbX' i b] j YfgU' XYg] [ bž' UbX' X] gUghYfz' Ya Yf[ YbWn' UbX' W] a UHY' fYg] ] YbW' "

### SHARON:

5bX' h\ Uh] f] k \ YfY' mci ' Z] h] bž' f] [ \ h3'

### DAWN:

9I UWh' m' ' M' U\ "

### SHARON:

Gc' hY' ' a Y' U' ] h' Y' V] h' UVci hž' hY' ' a Y' U' ] h' Y' V] h' a cfY' UVci h' k \ Uh' mci ' Xc' h\ YfY3

### DAWN:

K Y' ž' ] bhYfYgh] b[ ' nž' h\ Y' Ya Yf[ YbWnX] gUghYf' UbX' W] a UHY' fYg] ] YbW' Xca U] b' UhK =8' gYYa g' hc' \ Uj Y' hYbhUWYg' ] bhc' U' a cgh' Yj Yfnt\ ] b[ ' k Y' Xc' " 6YWU' gY' k \ Yb' k Yf' Y' ' cc\_ ] b[ ' Uh' [ ' cVU' V\ a a i b] hm' ] bWi g] cbž' cf' UWWW' gg] V] ] hm' XYg] [ bž' U' ' cZ h\ Y' h\ ] b[ g' h\ Uh' \ UddYb' ] b' U' X] gUghYf' UfY' Ub' YI UWW' fVUh] cb' UbX' U' a U[ b] Z] W] h] cb' cZk \ Uh' \ UddYbg' ] b' XU' ] m' ' j ] b[ "

Gc' k \ Yb' k Yf' Y' hU' \_ ] b[ ' UVci h' h\ Y' Ya Yf[ YbWnX] gUghYf' UbX' W] a UHY' fYg] ] YbW' k cf\_ ž' h\ Uh' fYU' m' ] g' ZcW' gYX' cb' h\ Y' ž' ' ' gdYVWf' i a' cZk \ Uh' k Y' W' ' h\ Y' ] ZYgdUb' cZU' X] gUghYfz' k \ W' ] g' VYZcF' Xi f] b[ ž' UZ' Yf' UbX' h\ Yb' a' ] h] [ Uh] cb' cZU' X] gUghYf' Gc' ] h' \ Ug' U' fYUW' ] bhc' U' a cgh' Yj Yfnt\ ] b[ ' k Y' Xc' " 5bX' Ug' U' Xca U] b' h\ Uh' fYU' m' X] fYVWg' k \ Uh' k Yf' Y' Xc' ] b[ ž' VYWU' gY' k Y' UfY' k cf\_ ] b[ ' k ] h\ ] b' d' fY' X] gUghYf' d' Ubb] b[ ž' d' fYd' UfUh] cbgž' fYgdcbgYž' fYV\ j Yfm' UbX' a' ] h] [ Uh] cb' " Gc' d' fYh' ma i W' Yj Yfm' UgdYVh' cZ XU' ] m' ' j ] b[ ' \ Ug' U' V\ a d' cbYbh' cZk \ Uh' k Y' Xc' "

### SHARON:

< k' Xc' mci ' YI UWh' mk cf\_ k ] h\ ' X] ZZYfYbh' V\ a a i b] h] Yg' Ufci bX' h\ Y' [ ' cVY' hc' Ybgi fY' h\ Uh' X] gUghYf' d' Ubb] b[ ' UbX' fYgdcbgY' UbX' fYV\ j Yfm' XcYg' ] bWi XY' dYcd' Y' k ] h\ ' X] gUV] ] h] Yg3'







hja Y`hfU]bYfz`Vi h`Ug`U`hfi`Y`YeI` ]hUV`Y`dUfhbYfz`k` \cfj`Vf]b[ ]b[ `U`j` Yfm]gdYVWZ]Wgi` V`YVh`a` UHfY`f`YI` dYfh]gY`hc`nci`f`d`Ubb]b[ `dfcW`ggz`h`Yb`h`Uh`d`Ub`XcYg`bch]bWi` XY`dYcd`Y`k` ]h`X]gUV`]h]Yg`"

5bX`h`Yb`k`Y`gYY`h`Y`ghUh]gh]Vg`h`Uh`dYcd`Y`UfY`X]gdfcdc]f]cbU`m]a` dUW`YXz`h`Uh`h`Ym`UFY`bch`UV`Y`hc`dUfh]V]dUhY`h`Uh`gYfj` ]V`g`UbX`dfc[ fUa`g`UFY`bch`UW`gg]V`Y`H`Uh`h`YfY`]g`bc`d`Ub`cf`hfU]b]b[ `cf`\_`bck`YX[ Y`cb`ck`Yj`UW`Uh]cbg`W]b`VY`]bWi`gj`Y`ck`g`Y`hYf]b[ ]b`d`UV`ghfUhY[ ]Yg`W]b`VY`]bWi`gj`Y`5b`YI`Ua`d`Y`cZ`h`Uh`k`Ug`gYb`j`Yfm`WYUf`mz`a`i`h]d`Y`YI`Ua`d`Yg`cZ`h`Uh`k`YfY`gYb`j`Yfm`WYUf`m]b`7C`J`=8z`k`Yb`gca`Y`cZ`ci`f`dYfgcbU`dfchYVh]`Y`dfcW`ggYg`h`Uh`k`YfY`di`h]b`d`UW`z`gi`VX`Ug`a`Ug\_]b[ `UbX`gcV]U`X]ghUbV]b[ z`UVh`i`U`m`dfcj`YX`hc`VY`j`Yfm`VX`U`Yb[ ]b[ `Zcf`dYcd`Y`k` ]h`X]gUV`]h]Yg`UbX`a`UXY`h`Ya`a`cfY`j`i`bYfUV`Y`]b`ch`Yf`k`Umg`"DYcd`Y`k` \c`fY`]YX`cb`ZUW]U`YI`dYfgg]cbg`UbX`d`fYUX]b[ z`k`YfY`bch`UV`Y`hc`V`a`a`i`b]W]hY`YZZYVh]`Y`nz`dYcd`Y`k` \c`fY`]YX`cb`dYfgcbU`Ugg]ghUbV`gYfj` ]V`g`hc`a`U]b]hU]b`h`Y]f`]bXYdYbXYbW`z`V`i`X`b`fi` \Uj`Y`h`Uh`dYfgcb`V`a`Y`hc`V`b]bi`Y`h`Uh`gYfj` ]W`UbX`k`YfY`Uh`f]g`\_`cZ`]bgh]h`h]cbU`]nUh]cb`"CbW`]bgh]h`h]cbU`]nYXz`dYcd`Y`"